

L'Arveyron

Open House



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An open house to share our love of the region.

We are delighted to welcome you to this authentic former creamery, which was converted into a hotel a few years ago.

Our aim is to maintain the friendly spirit and quality of welcome that all our regular guests know and recognise, while offering you new services.

Don't hesitate to ask us about Chamonix's best restaurants, its most beautiful viewpoints or its most beautiful walks.

We hope you have an excellent stay with us and that your visit will leave you with wonderful memories, filled with beautiful scenery and good Savoyard food.

The Arveyron team

Contact details

Hôtel de l'Arveyron
1650, Route du Bouchet
FR-74400 Chamonix Mont Blanc
+33 4 50 53 18 29
contact@hotel-arveyron.com

Hotel location

L'Arveyron is a 20-minute walk from the town centre, between Praz and Chamonix, 25 minutes from the SNCF train station, on the cross-country ski slopes, 10 minutes from the ski slopes of the Flégère ski area and 25 minutes from the Aiguille du Midi cable car.

It is advisable to use green transport (bicycle, on foot, public transport).

Unfortunately, the hotel is not accessible to people with reduced mobility.

Doctors

Dr Pocard-Chapuis - 0033 4 50 53 69 59
Health centre - 0033 4 50 55 80 55
Medical emergencies - 15

Pharmacies

The pharmacie de la Vallée (tel. 0033 4 50 53 13 69) is located at the start of the pedestrianised Rue Joseph Vallot. A few metres further on, on the right, you'll find the Pharmacie du Mont Blanc (tel. 0033 4 50 53 12 61). Open Monday to Saturday.

In the evening, at night, on Sundays or public holidays, only the on-call pharmacy is accessible (tel. 3237 or www.3237.fr).

European emergency number

- 112 from a mobile or landline.
- In the event of a fire or accident, dial 18
- In case of illness or medical emergency, dial 15
- To contact the gendarmerie, dial 17
- For mountain rescue, contact the PGHM in Chamonix: 04 50 53 16 89

Arrival

Rooms are generally available from 4pm and reception closes at 8pm, so please arrive between 4.30pm and 7.30pm.

Departure

Please vacate your room before 11am.

A late check-out may be granted by the management, depending on the booking schedule, in which case a supplement will be charged.

Adapters

Adapters are available at reception.

Pets

Pets are welcome at the hotel, but are the sole responsibility of their owner (adult). The supplement is €5 per pet per night.

Luggage

We offer our guests the possibility of storing their luggage on the day of arrival or departure, so that arrivals and departures can start or extend their stay by a few hours.

Luggage storage is available free of charge and is not supervised. The hotel cannot be held responsible for any theft or damage.

Safe :

A personal safe is available in your room.

The hotel cannot be held responsible for valuables left in the room.

Internet / wifi

You can use the hotel's internet connection. You will be given a code with a password so that you can create an account and therefore have access to Wi-Fi for the duration of your stay.

Childcare accessories

Some rooms can accommodate 3 people (baby, child or adult).

A cot for children under 2 years of age and childcare accessories can be provided free of charge on reservation.

Garage/parking

The hotel has a free car park reserved for hotel guests during their stay. We recommend that you do not leave any valuables in the car park.

Environment

To enable you to discover an unspoilt mountain environment, we have been committed for several years to an environmental approach (local products, selective sorting, transition to low-energy equipment).

Light and water

In the hotel as at home. Please turn off lights as far as possible and unplug chargers when you leave the room or when you no longer need the equipment.

When the heating is on, close the windows. Turn off the water as much as possible when brushing your teeth or shaving.

Forgotten items

Items left in the rooms may be returned to your home address, in accordance with the postal or customs legislation or regulations applicable in our respective countries. You will be responsible for packaging and postage costs, which must be paid before the items are sent, by debit card or bank transfer.

boots :

Ski/snowboard boots and your ski, snowboard or climbing equipment (skis, snowboards, boots, poles, etc.) will be left in the ski room on arrival.

Breakfast

More than seven product ranges are on offer, mainly local or organic.
Breakfast is available from 7:30am to 9:30am.

Ironing

If your shirt is wrinkled and needs ironing, or your suitcase has creased your clothes, we can provide an iron and ironing board. Please ask at reception.

Fire

For your safety, specific instructions are posted behind the entrance door to your room. In the event of a fire, please contact reception immediately.

No smoking

In accordance with decree no. 2006-1386 of 15/11/2006, our establishment is entirely non-smoking, so smoking is not permitted in the rooms or in the rest of the hotel.

Each room in the hotel is equipped with a smoke detector linked to the fire alarm.

For everyone's comfort and safety, smoking is not permitted in the rooms or on the balconies. Any misuse of the fire alarm constitutes an offence and is punishable by law (art. 322-14 of the French Criminal Code).

Bar / kitchen :

Bar and kitchen (8pm - 9pm)

In accordance with regulations relating to the prevention of public drunkenness and the protection of minors, alcoholic beverages may not be served to minors or intoxicated persons.

Winter holidays

Magnificent landscapes, wide open spaces, numerous ski resorts... Chamonix is a little paradise for holidaymakers who love the mountains and winter sports.

Chamonix ski resorts:

L'Arveyron is just a few minutes from the Flégère ski area, from where you can enjoy sumptuous views of the Alps. La Flégère is the nearest ski area to L'Arveyron.

It is linked to the Brévent ski area by a cable car.

For families, we recommend Les Houches. With plenty of sunshine and trees, the resort is always open, even on days when the weather is less kind. There are pistes to suit all levels.

More experienced skiers will enjoy the Grands Montes area. The bus stop to get there is just 3 minutes from L'Arveyron.

The hotel is located on the cross-country ski runs.

If you're a keen walker, there's a footpath next to the slopes, so you can enjoy the great outdoors!!

A wide range of winter sports:

Chamonix isn't just Eden for skiing. The town offers a wide range of winter sports and unusual activities to help you discover the region and enjoy unforgettable experiences. At Huskydalen, for example, you can try your hand at dog sledding or even spend two days with huskies on a raid in the Northern Alps.

Raids are also a great way to visit the region, as are paragliding and snowshoe treks.

And if the weather isn't with you, you can travel to Italy in just 20 minutes via the Mont Blanc tunnel to enjoy the sunshine.

Staying in summer...

Chamonix may be famous for its ski resorts and winter activities, but it's also a hot spot for summer tourism. The mountains offer exceptional scenery after the winter season.

You can enjoy paragliding, climbing, mountain biking, hiking, canyoning, golf, via ferrata... or simply stroll through the streets of Chamonix, which has a rich architectural heritage.

Our favourite walks:

The Lac Blanc hike: a walk recommended for sports enthusiasts, more technical than a simple stroll and requiring a minimum of equipment. But it's worth the effort, as they say, and it's not unusual not to want to go back down, but be warned: if you miss the last skip, you'll have to walk all the way down!

Chalet La Floria: nestling in the heart of the forest, at an altitude of 1,350 metres, La Floria welcomes tourists and hikers alike for a moment of relaxation overlooking the mountains, whatever the season. From the Auberge, it's just an hour and ½'s hike up the mountainside - no need for a cable car.

Visits to the Aiguille du Midi and the Mer de Glace (via the Montenvers train) are must-sees in Chamonix. The Aiguille du Midi offers a unique high mountain experience.

We recommend taking the Little Rack and Pinion Train up to the Mer de Glace, with the Montenvers station just a 5-minute walk from the hotel. On arrival, take the path that leads to the Plan de l'Aiguille, also known as the North Balcony.

Not only will you be able to walk right up to Mont Blanc, but you'll also avoid the (very) long queue for the Aiguille du Midi cable car.

It's a 2? hour walk with no major difficulties, but with the promise of unforgettable memories on this majestic trail.

Remember: the mountains are as magnificent as they are dangerous, so be careful and stay on the paths. Being sporty isn't always enough, so get in touch with mountain professionals if you have any questions (Cie des Guides, PGHM). The mountains are also a place for sharing, and biodiversity is fragile, so let's respect it.

For young and old alike!

The Alpine Coaster toboggan, the amusement park and the adventure course are just some of the activities on offer at the Chamonix Leisure Park (over 12 games and rides: slides, trampoline, zip line and mechanical shovel, electric motorbikes, giant swing, splash, etc.), from age 3 upwards.

Ski equipment hire

-Sanglard Sports.

0033 4 50 53 24 70

www.rentski.com/location-ski

-High Mountain Guide & Ski Instructor:

Pierre Bernier

0033 6 86 67 26 47 - 0033 4 50 18 45 96

pierre.bernier74@orange.fr

-Ski instructor and physiotherapist

Nathalie Pfab

0033 6 65 29 70 85 (preferably in the evenings) -

natalie.pfab@gmx.de

-ESF and Compagnie des guides de Chamonix

Ski instructors may not accompany clients on Vallée Blanche or high mountain itineraries. Only high mountain guides are authorised to lead and supervise excursions or ascents in the high and medium mountains, so you will need to use their services to descend the Vallée Blanche.

Kailash Adventure offers ski lessons, high mountain courses, snowshoe trekking, ski touring, ice climbing and paragliding flights in winter. 0033 6 08 01 27 34 -

info@kailashadventure.com www.kailashadventure.com

Yann Raulet, Ski Guide, invites you to explore the Alps and the Chamonix Mont Blanc valley.

0033 6 12 22 04 82

info@chamonixskiguide.com www.chamonixskiguide.com

Sébastien Rougegre, Chamonix Experience,
Mountain guide, ski instructor and seminar organiser in Chamonix and the Alps.

From off-piste skiing to the Vallée Blanche and ice climbing, "Chamex" is able to organise any type of winter activity and offer you the most exceptional Chamonix experience for your holidays.

0033 6 08 80 94 27 - 0033 9 77 48 58 69 -
info@chamex.com-www.chamex.com

Leisure park

Chamonix Parc - Les Planards

0033 4 50 53 08 97 - <http://www.planards.fr>

Walks

Teresa Kaufman - 06 08 95 89 42 -

www.teresakaufman.com

Booking required

Christine Boymond Lasserre

For Christine's cultural tours -

0033 6 07 21 51 90

www.blogdesvireesculturelles.fr

contact@visites-guidees-74.fr

Registration recommended

Beauty treatments and massages:

Les Granges d'en Haut - Deep Nature Resorts - Les Houches: (+33) 04 50 54 65 36

Aude Chauvelier - At home or in the office: (+33) 06 23 02 01 96

Julie Olivon - Le Souffle du Zen - At home: (+33) 06 65 46 25 25

Childcare:

PILORGET Rozenn: (+33) 06 45 38 16 25 - Available all year round

LAQUIERE Annie: (+33) 06 13 20 02 46 - Available all year round

HOOGMOED Astrid: (+33) 0663 15 45 38 - Available all year round, evenings only (English and Dutch)

Remise en forme:

Cham Perf' Forme - 267 Avenue de Courmayeur, Chamonix-Mont-Blanc, FR,
74400

Gym / Sports Coaching
Physical preparation
Getting back into shape
Endurance sports planning
Mental preparation
Power Plate Centre

Opening hours Monday to Saturday 7am to 9pm

Private / group coaching (bookings only by telephone 0678558079)

Book online at: <https://champerfforme.simplybook.it/v2/>

Recommended restaurants

-Le Cap Horn - 0033 4 50 21 80 80

Modern cuisine combining French cuisine and Japanese flavours.

-Le Fer à cheval - 0033 4 50 53 80 20

Savoyard specialities: Fondue,
Reblochonade, Berthoud, pierrade

Cousin Albert - 0033 6 99 04 92 00

French cuisine, andouillettes, Savoyard potée, Bresse chicken

-Chez Joséphine - 0033 4 50 53 18 98

Brasserie, Savoyard specialities and seafood platters, continuous service.

-Neapolis - 0033 4 50 53 98 41

Restaurant for lovers of Italian cuisine.

-La Télécabine - 0033 4 50 47 04 66

Semi-gastronomic and Savoyard specialities (fondue, tartiflette, pierrade,
etc.)

-Moustache & filles - 0033 4 50 93 49 68

French cuisine and Savoyard specialities in a "brocante" atmosphere

-Le Matafan - 0033 4 50 55 35 46

Semi-gastronomic restaurant run by a former Michelin-starred chef, offering refined cuisine using seasonal produce.

-Pizzeria des moulins - 0033 4 50 53 89 47

Italian pizza with very thin dough.

-La Tablée - 0033 4 50 53 31 23

Restaurant serving traditional cuisine and Savoyard specialities in a wooded room and on the terrace.

Practical

Vehicle equipment

Since 2021, it has been compulsory to equip your vehicle with snow tyres, 4-season tyres or snow equipment (chains or socks) for winter driving in Chamonix. Certain fluids will also have to be replaced depending on the period to withstand the very low temperatures (diesel, windscreen washer fluid...

Fuel :

At the northern entrance to Chamonix, the Carrefour Market supermarket sells petrol and diesel.

You'll find another service station towards the village of Les Houches.

Taxi service:

Taxi Mountain Drop Off: (+33) 04 50 47 17 73

- Titou Taxi 74: (+33) 06 47 82 32 78

Bus and public transport :

Chamonix shuttles: "Arveyron" bus stop

Bus n°2 : Glacier des Bossons <-> le Tour

Bus n°5 (night) : le Prarion <-> Argentière

Borini bus : stop Chamonix Sud (30 mins walk from Arveyron)

Line Y82 : Chamonix Sud <-> Les Houches <-> Le Fayet Gare <-> ST Gervais le

Pont <-> Megève <-> Praz sur Arly

To Sallanches :

Take line Y82 to Le Fayet station then train to Sallanches.

For Contamines-Montjoie :

Take line Y82 to St Gervais then SAT line Y84

Supermarkets

In addition to the many small grocery shops, there are 3 supermarkets in Chamonix.

Two are located in the town centre, one under the Alpina gallery in the extension to the Place du Mont Blanc and the other at the start of the pedestrianised Rue Joseph Vallot. The third is at the northern entrance to Chamonix and also sells fuel.

Suggestions

Nobody's perfect and we're always looking to improve!

A malfunction, a misunderstanding, an anomaly, an oversight, ideas?

Why don't we talk about it before you leave? Satisfaction questionnaires are available from reception.